

<b>S.No.</b>	<b>Faculty</b>	<b>Department</b>	<b>Topic</b>	<b>Link</b>
1	Ms. Sanbrita Acharya (Counselor)	Psychology	Progressive Muscle Relaxation	<a href="https://youtu.be/n98CUB75Ge8?feature=shared">https://youtu.be/n98CUB75Ge8?feature=shared</a>